



B R E A T H E[®]
PENNSYLVANIA

FROM: Rebecca Kishlock
Tobacco Cessation and Education Program Associate

DATE: February 13, 2018

SUBJECT: 2018 *Smoke Free for Life* Facilitator Training

Breathe Pennsylvania is offering a facilitator training for the newly revised and updated *Smoke Free for Life* adult tobacco cessation program. *Smoke Free for Life* is a balanced evidence-based program that uses best practices to address all aspects of tobacco use and cessation. The eight session program utilizes a group approach, but focuses on the individual needs of each smoker. *Smoke Free for Life* is appropriate for a community setting as well as the workplace.

The training will be held at the Breathe Pennsylvania office in Cranberry Township on Wednesday, from 9 AM until 4 PM, and Thursday, from 9 AM until 12 PM. Please select your training dates below:

- May 23 and 24, 2018**
- October 10 and 11, 2018**

The fee for the program is \$250, which includes all training materials and lunch on Wednesday. The registration deadline is one week prior to the class. Enrollment is limited to 10. Please return this completed registration form and payment to Breathe Pennsylvania, 201 Smith Dr., Suite E, Cranberry Township, PA 16066 or by email to rkishlock@breathepa.org. Thank you for your interest in our educational programs.

Please direct all questions to Rebecca Kishlock at (724) 772-1750 or rkishlock@breathepa.org.

Name _____

Organization _____

Address _____

Business Phone _____ **Home phone** _____

E-Mail _____